

Summer Retreat in Pelion Greece

With teacher Liu Jianshe

In Manthos mountain resort and Spa hotel
August 18-23/22

You are welcome to join
THE ZHINENG QI GONG JOURNEY OF LIVING THE TRUTH
finding your inner power to create a new peaceful world .

We are all together in is journey
In the truth-we are all one

*We are happy to organise this retreat in the beautiful mountains of Pelion . we will enjoy nice weather, amazing nature for outside practice & walks as well as the famous greek hospitality and nice food
All which will support us in our deep meaningful practice in the retreat*

About the teacher- LIU JIANSHE



This is a great opportunity to enjoy teacher's Jianshe amazing Qi field and his loving pure heart , To benefit from his deep wisdom , rare abilities and many years of experiance

His teaching is direct ,intuitive simple and full of heart

*In his presence all the Unnecessary falls off with no effort
In the peaceful quietness he brings you can transform*

Teacher LIU JIANSHE joined the 3 months teacher training with Dr. Pang in Huaxia centre in 1991 after which he was invited to join the teaching staff

He was teaching in the centre in 1991-2 and again in 1995-6 in which he was doing healing as well

Later in 1999 he taught children courses in the centre

At 2003 he opened his own zhineng Qigong centre in Hainan in which he teaches and lives until today

Teacher Jianshe taught and still teaches in many places in China and around the world.

Retreat Program

Theory

of Yi Yuan Ti, Consciousness of the Heart and information

Practice

in the present moment to make everything possible now

Methods

- ❖ *Peng Qi Guan Ding Fa- LQUPQD & La Qi*
- ❖ *Experimenting with the abilities of our super consciousness*
- ❖ *Teaching on the 8 phrases of Dr Pang*

Retreat Schedule

Recommended Arrival August 17 afternoon

We meet for dinner 17.8 at 19:00

Retreat starts Aug 18 at 10:00

Retreat ends Aug 23 at 13:00 -optional last lunch together at 13:00

19-23/8

07:45-08:45 morning practice with Ronit Adar

07:30-09:30 Breakfast

10:00-13:00 Practice with Liu

13:00-16:30 Lunch and rest

16:30-19:30 Practice with Liu

19:30 Diner

Fees

Workshop price -not including accommodation and full-board :
440 Euro/1550nis

- ★ Early bird price if you register before 1/8/22 : 400 Euro/1410nis
- ★ For couples : 120 Euros/420nis discount for the second person
- ★ Limited number of places : 25

Accommodation & full board fees

Room + breakfast + lunch + dinner, per person ,per day

In shared room for 2 : 64 Euro (including 13% vat & 3 euro tax)

In a single room : 99 Euro (including 13% vat & 3 euro tax)

Total for 7 nights 17-23/8 -shared room 448 euro

Total for 7 nights 17-23/8 -single room 693 euro

If you don't need an invoice for the room,the rate will remain Net if paid cash.

In shared room for 2 : 55 Euro

In a single room : 85 Euro

Total for 7 nights 17-23/8 -shared room 385 euro

Total for 7 nights 17-23/8 -single room 595 euro

★ **Payment directly to hotel Manthos**

RESERVATION AND PAYMENT

1) fill out registration form here :

https://docs.google.com/forms/d/e/1FAIpQLSdFqeXIHChxYQDAuiraf5z20Rvf9wupzWEs43fKf-n4d4xsew/viewform?usp=pp_url

2) Reservation of the retreat , accommodation & full-board :by deposit of
200 Euro/700nis

Payment by paypal to teacher Jianshe : liujianshe@aliyun.com

Your reservation will be taken into account upon sending details of the deposit

With your full name attached to Ronit Adar

3) **Payment of the balance Please, before August 5, 2022**

by paypal to teacher Jianshe liujianshe@aliyun.com Or to Ronir adar

4) **Possibility to pay the balance in cash**

CANCELLATION POLICY IS THE POLICY OF HOTEL MANTHOS -PLEASE CHECK

HOW TO GET TO THE MANTHOS HOTEL ?

Flights & busses

VOLOS

***the nearest airport to the hotel is in the city of Volos-
from Volos its a 1 hour ride from the hotel***

Flights to Volos are few .Here is a list of flights to Volos airport

<http://www.thessalyairport.gr/el/flights-el.html>

***Transportation from Volos airport to the hotel can be arranged by taxi (4 pax) ,
and costs 75.00 euro .***

Or by mini bus (10-20 pax) and costs 180.00 euro

***There is also a bus transfer , from the airport to town of Volos , and from there you
can take a taxi to the hotel , at a lower cost.***

THESSALONIKI

is 2.5 hour ride from the hotel

Flights to thessaloniki are in most cases a cheaper option

We can organise a mini-van that can hold upto 20 people

At the cost of about 450 euro to share

if enough people are interested-can be cheaper than a domestic flight

***❖ There is also a public bus from Thessaloniki to Volos -
i have time tables for those interested***

ATHENS

is 4 hours ride from the hotel

Hotel Manthos -mountain resort & spa

www.manthoshotels.com

*In an environment surrounded by trees at 1200 mt. above sea level ,
our hotel is situated at Chania Pelion, the top of mount Pelion,
which serves as an ideal location for the preparation and improvement of well being
as well as offering excellent accommodation services.*

Facilities & Services

Football fields

Indoors Gym fully equipped with Technogym instruments

Outdoor Cryotherapy pool

Massage room – Treatments bed

Locker Room – Showers (at the Spa area)

Entertainment hall

Free use of internet WIFI in all common areas, rooms and outdoor establishment

*You can also request the use of the Spa area which includes Jacuzzi, Hammam, and
Sauna, at any time , with an additional charge per use.*

Laundry service is also available through your stay , with an additional cost.

Please visit our website for more information and photos at www.manthoshotels.com

looking forward to being in a beautiful field of Qi and consciousness together.

Hun Yuan Ling Tong!

For any further assistance don't hesitate to contact me

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