

ZhìNéng QìGōng

1st retreat with Master
Zhen Qingchuan
February 2023
Casa Tonalli, Mexico

Master Zhen Qingchuan has been involved in teaching healing methods and techniques from ZhìNéng QìGōng for over 25 years. He developed the branch of The Psychology of Inner Perceptions from his own experiences and knowledge of traditional Chinese medicine and ZhìNéng QìGōng.

Xing Shén Zhuāng
Segundo Nivel

In this, his first retreat in Mexico in 2023, he will offer two teachings:

Limited to 50 people!

Xing Shén Zhuāng Level Two Body and Mind

6-10 Feb

(arrival Monday 11 am,
departure Friday 11 am)

The **Unified Mind and Body** method is
the second level of ZNQG.

It aims to fully integrate the conscious mind with every part of the body through the observation of movement rather than logical thinking. Many practitioners focus only on the movements and miss out on the great benefits of this beautiful method. With this course we will perfect and refine each section of the **Unified Mind and Body** method.

Limited to 80 people!

The Psychology of Inner Perceptions (PIP)

10-12 Feb

(arrival Friday 5 pm,
departure Sunday 5 pm)

PPI teaches us that the home of the mind (Shen) is the heart. Because so much of our life is lived with the mind turned outwards (family, work, friends), we hurt the heart with negative emotions and lose energy, balance, serenity. Through PPI we learn to bring the mind inwards, to perceive these emotions in the heart and to clear them in a direct and effective way. Thus, Shen returns home to a more stable, harmonious and healthy life.



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Registration process:

1. Send a WhatsApp to:
55 37 22 44 18 Renata Ramos
55 14 51 24 95 Georgina Brassel
2. Specify the registration option:
 - A. Second Level Retreat
 - B. Inner Perceptions Retreat
 - C. Inner Perceptions Retreat + 8 weekly follow up sessions
 - D. Two retreats with discount
 - E. Two Retreats + 8 weekly follow up sessions
3. You will be given an account number to deposit the \$3,500 pesos registration fee and reserve your place. Send a photo of the deposit specifying the option chosen and your full name.
4. The remaining amount is due by January 10, 2023.

Costs:

- A. Second Level Retreat: \$13,500
- B. PPI Withdrawal: \$7,500
- C. PPI Retreat + 8 weekly sessions: \$8,300
- D. Two retreats: \$19,500
- E. Two retreats + 8 weekly sessions: \$20,300

Discounts:

(discounts are not cumulative)

1. Payment of option A, B or C before December 25, 2022: 10%.
2. If you bring 4 people to the PIP course, you get 100%.

*prices already include VAT

The cost includes personalised instruction, internship, accommodation in a double or triple room*, healthy meals (with vegetarian option), diploma, photos and notebook.

(*Please ask for price per single room).



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